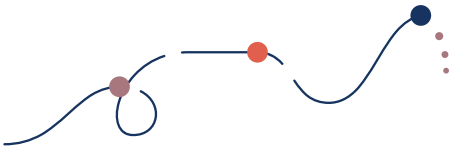
Crafting Your Narrative

The Power of Three Framework from *Own Your Next Move*



A strong narrative is more than a collection of experiences. It connects what has shaped you, the value you bring today, and where you want to go next.

PAST — What has shaped you?

Think about the experiences, choices, accomplishments, pivots, and challenges that have shaped who you are.

Choose 2–3 that stand out. What themes or patterns keep showing up?

PRESENT — What do you bring now?

What strengths, perspective, expertise, or way of working defines you today? What do people consistently rely on you for?

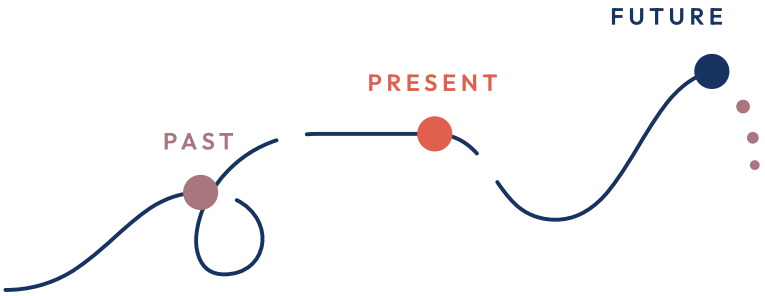
Looking across your experiences, what seems to be consistently true about how you contribute or create value?

FUTURE — Where are you going?

Where do you want to take all of this next? What kind of opportunity, work, client, venture, contribution, or impact are you moving toward?

What would allow you to use more of what you've just identified about yourself?

Connect the Dots



What is the throughline from where you've been, to what you bring today, to where you want to go?

What did others hear in your story that you may not have named yourself?

How would you put these pieces together so someone understands not only what you've done, but what you bring and where you're headed?

Your Narrative

Don't worry about making it perfect. Use what you've uncovered to begin putting your story into words. You can refine it later.

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